

Recommended To-Do List

Prepared on: < Insert CMR date >

You can get the best results from your medications by completing the items on this **"To-Do List."**



Bring your **To-Do List** when you go to your doctor. And, share it with your family or caregivers.

My To-Do List

What we talked about:	What I should do:
< Insert summary of discussion for topic	\Box < Insert action item for topic 1 >
1>	\Box < Insert action item for topic 1 >

What we talked about:	What I should do:
< Insert summary of discussion for topic 2 >	\Box < Insert action item for topic 2 >
	\Box < Insert action item for topic 2 >

What we talked about:	What I should do:
< Insert summary of discussion for topic 3 >	\Box < Insert action item for topic 3 >
	\Box < Insert action item for topic 3 >

What we talked about:	What I should do:
< Insert summary of discussion for topic	\Box < Insert action item for topic 4 >
4 >	\Box < Insert action item for topic 4 >